Correct Toes adapt to many foot shapes, and may be modified* to acommodate many more. **Estimate your size by following the steps below.**

- Cut out template(s) along the dotted black line.
- **2** Position (A) at the webbing between your big toe and 2nd toe of your **right** foot.
- **3** Keep (A) in place, while you check the alignment of (B) with the webbing between your 4th toe and pinky toe. Compare to the examples
- -Steps 1 3 are sufficient for most people, if you still have questions continue to steps 4 5.
- Spread big toe and pinky toe outward, aligned to the spacer template, as if the spacer is actually between your toes. How does the stretch feel?
 -Correct Toes flex, and won't spread toes quite as far as you pull them in this step. If the stretch hurts, try a smaller size or consider modification*.
- G Check toe width and girth do your middle 3 toes fit between the spacer indicators? -Correct Toes should *not* squeeze tightly, or strangulate toes.

(A) to (B) = $1\frac{7}{8}$ "

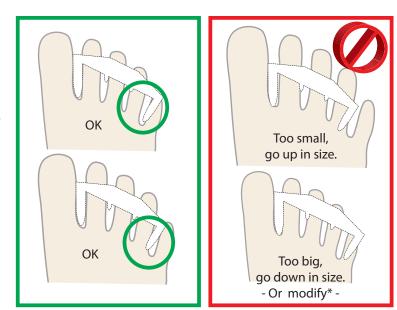
Μ

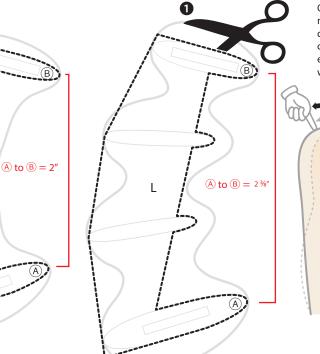
-Flip the cutout over to check your left foot, if desired.

(A) to (B) = $1\frac{5}{8}$ "

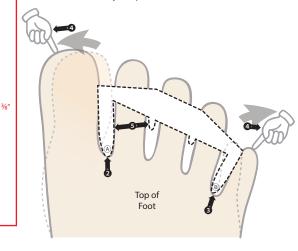
XS

*Watch a demonstration of this process, and the modification video on our Youtube channel: http://www.youtube.com/correcttoes





On the cusp? Consider picking the larger size and making modifications to trim the Correct Toes down, if needed. If you need a different size our company policy allows for returns or exchanges, even if modified (from our modification chart), within 30 days of purchase.



This document is 8.5" x 11" - PRINTER SETTINGS: **Be sure to print 'Actual Size'**, and **do not** 'fit to page' or 'scale'. To verify printed accuracy, measure the distance from (A) to (B) as indicated above.

S